

PhD candidate in International Relations, specialization in Security Studies and Strategy, at NOVA FCSH. The dissertation title is *NATO Partnerships in the Post-Soviet Region. Are they creating Democracies and Promoting Conflict Prevention? The Explanatory Reach of International Relations Theory*. Among other professional activities, he was: spokesperson of the Commandant of the NATO forces in Afghanistan and responsible for NATO Strategic Communications in the Afghan Theatre of Operations; United Nations Military Observer in the war of the former Yugoslavia; Desk officer of the United Nations (UN) missions in the Middle East (Lebanon, Syria, Israel and Iraq/Kuwait), in the Military Division of the DPKO, UN Secretariat, New York; Deputy director of the National Defence Institute, Lisbon; Director of the Cooperation and Regional Security Division, International Military Staff, NATO headquarters, Brussels, and Deputy Director of the Military University Institute.

He graduated: with a Master degree in Military Science from the Military Academy; the War College Course from the War College, and the High Level Course on Common Security and Defence Policy, from the European Defence and Security College (Brussels). Attended a MBA with specialization in International Management, at the Católica Business School; and has advanced Intelligence training in the United States (Fort Huachuca, Arizona).

Beyond that he: writes an opinion column in *Jornal Económico*; is author of two books and coedited four; published more than 70 scientific articles on military-technical themes, management, conflict resolution, security and defence.

#### **Research themes:**

- UN Peace Operations
- European Defence and Security Cooperation
- NATO
- Conflict Resolution
- Post-Soviet space
- Strategic Communication

#### **Recent Publications:**

- “Navigating Through Uncharted Waters: Impact of ‘Brexit’ on the European Union’s Foreign and Security Policy – Who Loses and Who Wins?” 2016. *in* Nação & Defesa, N.º 144, pp. 177-197.

- “European Defence” (published in Portuguese), in Viana, V, e Nunes, I., 2017. A Segurança Europeia, *Instituto de Defesa Nacional*. Coleção Atena, 2017). pp. 131-176.

- “The Dismemberment of Yugoslavia”, in Branco, C., Santos, H., e Saraiva, L., 2018. The Yugoslav Wars in the First Person. Testimonies of Portuguese Soldiers serving with the United Nations. Lisbon. Colibri. pp. 76.