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Associate Professor with tenure in International Relations, holds a PhD in Contemporary History (Economic and Social History), and a Master in Demographic Studies, both from Universidade NOVA (Portugal). Teacher at the Department of Political Studies at NOVA FCSH and Invited Professor at NOVA Information Management School, and at UNED and Instituto General Gutierrez Mellado (Madrid, Spain).

Coordinator of three Pos-graduations: Strategic and Security studies (a partnership between NOVA and the Portuguese Institute of National Defense); Globalization, Diplomacy and Security (a partnership between NOVA, Diplomatic Institute (Ministry of Foreign Affairs) and Military University Institute (Ministry of Defense); Information management and Security (a partnership between NOVA, IDN-MDN and Portuguese Intelligence Services-Portuguese Government). She belongs to several national and international associations in the research areas of demographic studies and international relations.

Responsible and member of national and international projects, financed, namely by the Ministry of National Defense, the Portuguese Foundation for Science and Technology, and European Community funds. Responsible Researcher and member of national and international projects, most of them on Ageing population, Health, Social Conditions, Foresight Studies, Public Policies.

Researcher at the Center for Security and Defence Research at the Military University Institute (CIDIUM, Ministry of Defense) and collaborator of Fundação Calouste Gulbenkian (Lisboa).

Member of the Board of IPRI - Portuguese Institute of International Relations (UNL), where he coordinates the Research Line of Foresight and Strategic Planning.

Author, co-author or editor of 25 books, and hundred and a half articles and book chapters. Her main research areas are Demography, Foresight and Strategic Planning, Migration, Ageing and Health, Security Studies, Public Policies.

The following publications and activities highlight the research areas with interest to this application (from 2014 to the present):

## BOOKS

- 2022 *Ameaças e Riscos Transnacionais na nova Era* (coord. com J. Vieira Borges). Porto, *Fronteira do Caos* (no prelo).
- 2019 *Security at a Crossroad. New tools for new challenges* (coord. with André Inácio). Nova Iorque: NOVA Publishers, Cc Security and Strategies. (ISBN: 978-1-53615-331-6)
- 2018 *Envelhecimento e Políticas de Saúde*, Coleção Ensaios da Fundação, Fundação Francisco Manuel dos Santos, Lisboa (ISBN: 978-989-8863-74-4)
- 2017 *(Re)birth: demographic changes and societal implications* (com Filipa Castro Henriques), PCS-Plataforma para o Crescimento Sustentável, Fundação Wilfried Martens Center for European Studies, Brussels
- 2014 *Portugal 2031 Ageing and Health Policies from demographic changes to political options* (coord.). Lisboa: Edições Instituto Hidrográfico/CEPESE/FCT (ISBN: 978-989-705-075-6)
- 2014 *Globalization and international security. An overview* (coord. com Susana Ferreira, Rafael García). Nova Iorque: NOVA Publishers, Col. Defense, Security and Strategies. Disponível em:

[https://www.academia.edu/11697252/Globalization\\_and\\_International\\_Security\\_An\\_Overview](https://www.academia.edu/11697252/Globalization_and_International_Security_An_Overview) (ISBN: 978-1-63463-075-7)

## BOOK CHAPTERS

- 2022 *Novas populações, in Ameaças e Riscos Transnacionais na nova Era* (coord. com J. Vieira Borges). Porto, Fronteira do Caos, pp.246-255 (no prelo).
- 2022 *Na Era das Pandemias, in Ameaças e Riscos Transnacionais na nova Era* (coord. com J. Vieira Borges). Porto, Fronteira do Caos, pp.397-417 (no prelo).
- 2022 Valorização dos recursos humanos (com Joana Chorincas) *Foresight Portugal 2030*. Volume 03. Portugal – Ponto de Partida, Lisboa, Fundação Calouste Gulbenkian, pp. 26-37
- 2022 *Demografia, Economia e Proteção Social - que Desafios para 2030? Foresight Portugal 2030*. Volume 03. Portugal – Ponto de Partida, Lisboa, Fundação Calouste Gulbenkian, pp. 10-25
- 2022 A dinâmica das Gerações e o risco de conflitualidade intergeracional (com António Manzoni) *Foresight Portugal 2030*. Volume 03. Portugal – Ponto de Partida, Lisboa, Fundação Calouste Gulbenkian, pp. 150-159
- 2021 *Guaranteeing migrants' rights in a time of pandemics: the Portuguese exception* (com Susana Ferreira) *Global Pandemic, Security and Human Rights. Comparative Explorations of COVID-19 and the Law* Ed. Ben Stanford, Steve Foster, Carlos Espalio Berdud, Routledge, 2022 <https://www.routledge.com/Global-Pandemic-Security-and-Human-Rights-Comparative-Explorations-of/Stanford-Foster-Berdud/p/book/9781032010250> (ISBN 9781032010250)
- 2021 *Re-configuring the ageing-migration nexus: towards a critical understanding of ageing and migration in the 'global south'* (com Susana Ferreira) Editors: Dora Sampaio and Megha Amrith
- 2020 *El Mediterráneo: la frontera marítima a las migraciones irregulares* (com Susana Ferreira) Seguridad y fronteras en el mar, Madrid, Tirant lo Blanc, cap. 5, pp.113-147
- 2019 *A place for foresight in a VUCA World (com Félix Ribeiro) In Security at a Crossroad. New tools for new challenges* (T. Rodrigues, André Inácio Ed.). Nova Iorque: NOVA Publishers, Col. Defense, Security and Strategies, pp.123-143 (ISBN: 978-1-53615-331-6)
- 2018 *Demografia Política e Políticas de Segurança*, in *MODELOS PREDITIVOS E SEGURANÇA PÚBLICA* (coord. Com Marco Painho), Porto, Fronteira do Caos, pp,57-81 (ISBN: 978-989-99755-7-6)
- 2019 “Ser velho em Portugal hoje. Conceitos e representações” (com Maria João Guardado Moreira). MAUS TRATOS A PESSOAS IDOSAS (Mauro Paulino e Dália Costa coord.), Lisboa, PACTOR – Edições de Ciências Sociais, Forenses e da Educação, pp.3-18 (ISBN: 978-989-693-083-7)
- 2017 “Segurança e Demografia”, *Contextos de Segurança, Análises e Perspectivas*, OSCOT, Coleções Diário de Bordo, Lisboa, pp. 157-174 (ISBN 978-989-99482-5-9)
- 2016 “Choques Demográficos”. *Ameaças e Riscos Transnacionais no novo Mundo Global*. Lisboa: Esfera dos Livros, pp.255-282
- 2014 “Demography and Health. The path to Modernity” (com Carla Leão). *Portugal 2031 Ageing and Health Policies from demographic changes to political options*. Lisboa: Edições Instituto Hidrográfico/CEPESE/FCT, pp.31-72
- 2014 “The importance of education. The educational levels of the Portuguese (2010-2030)” (com Maria R. O. Martins, Inês Rodrigues). *Portugal 2031 Ageing and Health Policies from demographic changes to political options*. Lisboa: Edições Instituto Hidrográfico/CEPESE/FCT, pp.102-131
- 2014 “Projections of Health indicators (2010-2030)” (com Maria R. O. Martins, Inês Rodrigues). *Portugal 2031 Ageing and Health Policies from demographic changes to political options*. Lisboa: Edições Instituto Hidrográfico/CEPESE/FCT, pp.134-159
- 2014 “Population dynamics. Demography matters”, *Globalization and international security. An overview*. Nova Iorque: NOVA Publishers, Col. Defense, Security and Strategies 57-74 Disponível em: [https://www.academia.edu/11697252/Globalization\\_and\\_International\\_Security\\_An\\_Overview](https://www.academia.edu/11697252/Globalization_and_International_Security_An_Overview) (ISBN: 978-1-63463-075-7)

## ARTICLES

- 2021 Portugal 2040. *Demography is (not always) destiny*. Territórios, nº1. Dezembro2020-Março 2021, Lisboa, pp. 28-35
- 2020 *A globalização pós-covid e o medo dos outros. O que se segue?* IDN-Brief A Nova (Des)Ordem Mundial: Efeitos da Pandemia, agosto 2020. Published online: 5 agosto 2020  
<https://www.idn.gov.pt/pt/publicacoes/idnbrief/Paginas/IDN-Brief-05-agosto-2020.aspx>
- 2020 Democracy and Intelligence Culture in Portugal (1974-2019): a Complex Relationship, Democracia y cultura de inteligencia en Portugal (1974-2019): una relación compleja (com J. Estevens), *The International Journal of Intelligence, Security, and Public Affairs*, Volume 22, 2020 - Issue 1. Pages 20-41 | Published online: 27 May 2020, <https://www.tandfonline.com/doi/full/10.1080/23800992.2020.1744823>
- 2019 What we know that we don't know: Globalization, Demographic balances and Security issues Trans European Policy Studies Association, TEPSA Briefs – 18 February 2019. Disponível em: <http://www.tepsa.eu/tepsa-brief-what-we-know-that-we-dont-know-globalisation-demographic-balances-and-security-issues-teresa-rodrigues/>
- 2018 Population Dynamics, Risks and Opportunities: The Impact of Migrations on Iberian Security (com André Inácio e Sara Ribeiro), *Migrant and refugee crisis in a globalized World: responsibilities and responses*, Skopje, 2018, pp.59-76, COBISS.MK-ID 109424394
- 2018 Aplicação de Self-Organizing Maps na análise da criminalidade em Portugal Continental (2011 e 2016) (com S. Ribeiro et al), *Segurança Interna no Século XXI. População e Território*, Fronteira do Caos (Coord. R.Hermenegildo), Porto, pp.79-95. ISSN 1645-8826
- 2016 State and Health. Portugal, 1900-2013. Political Stability and Economic Resources (com Carla Leão). *Hygiea Internationalis. An Interdisciplinary Journal for the History of Public Health*, Special Issue. Public Health in Portugal: Past and Future, Vol. 12, nº1, pp.41-68. Disponível em: <http://www.ep.liu.se/ej/hygiea/v12/i1/hygiea16v12i1.pdf>
- 2016 Regional Trends in Ageing and Health for Portugal, 2011-2031 (com Maria do Rosário Oliveira Martins, Inês Campos Rodrigues). *Hygiea Internationalis. An Interdisciplinary Journal for the History of Public Health*, Special Issue. Public Health in Portugal: Past and Future, Vol. 12, nº1, pp.69-85. Disponível em: <http://www.ep.liu.se/ej/hygiea/v12/i1/hygiea16v12i1.pdf>
- 2016 Impact of the demographic and educational structure on health outcomes: a prospective analysis for the Portuguese population (com Maria do Rosário Oliveira Martins, Inês Campos Rodrigues). *Hygiea Internationalis. An Interdisciplinary Journal for the History of Public Health*, Special Issue. Public Health in Portugal: Past and Future, Vol. 12, nº1, pp.87-102. Disponível em: <http://www.ep.liu.se/ej/hygiea/v12/i1/hygiea16v12i1.pdf>
- 2014 Projecting Health Outcomes for Portuguese Ageing Population: Challenges and Opportunities (com Maria do Rosário Oliveira Martins, Inês Campos Rodrigues). *Health*, 2014, 6, 1874-1882, Published Online July 2014 in SciRes. Disponível em: <http://www.scirp.org/journal/Health/>
- 2010 Essay on Ageing and Health projections in Portugal (com Filipa Castro Henriques). *EUROSTAT, WORK SESSION ON DEMOGRAPHIC PROJECTIONS*. Lisbon, 28-30 April 2010. Luxemburgo: Comissão Europeia, pp.51-68. Disponível em: [http://epp.eurostat.ec.europa.eu/cache/ITY\\_OFFPUB/KS-RA10-009/EN/KS-RA10-009-EN.PDF](http://epp.eurostat.ec.europa.eu/cache/ITY_OFFPUB/KS-RA10-009/EN/KS-RA10-009-EN.PDF)
- 2010 Regional Dynamics and Social Diversity - Portugal in the 21st Century. *Hygiea Internationalis. An Interdisciplinary Journal for the History of Public Health*, Linköping, Volume 9, Issue 1, 2010, pp.411-426. Disponível em: <http://www.ep.liu.se/ej/hygiea/>
- 2009 Ageing, Education and Health in Portugal: prospective from the 19<sup>th</sup> to the 21<sup>st</sup> century” (com Ana Fernandes, Maria Moreira). *Hygiea Internationalis. An Interdisciplinary Journal for the History of Public Health*, Linköping, Volume 8(1), pp.81-96. Disponível em: <http://www.ep.liu.se/ej/hygiea/>